



## Play Like A Champion Sport Parent Focus: Code of Conduct

**As sport seasons kick off at the beginning of the school year, it is important for parents to remember a holistic approach to helping their children develop into Champions both on and off the field. Today, we present a Sport Parent Code of Conduct that can serve as a guide for parents. Read through this Code carefully and embrace it personally. Then, work as a member of your school community to help coaches and other parents to abide by it.**



**"For a Christian,  
everything can and  
should become a prayer.  
If we do everything for God,  
then everything  
becomes a prayer."**

Adele de Batz de Trenquellion, 1815

***1. I will be positive and support my child in his/her individual sport journey.***

*2. I will not force my child to play sports.*

*3. I will remember that sports are games meant to be played by and for the kids.*

*4. I will accept that my child plays sports for his/her enjoyment, not for mine.*

*5. I will be realistic in my expectations for my child in sports.*

*6. I will encourage my child in the GROW model of developing as an athlete*

- *I will help him/her to set goals.*
- *I will help him/her foster positive relationships on her team.*
- *I will ensure that he/she has an opportunity to make his/her own decisions in athletics.*

- *I will guide him/her in winning and losing gracefully.*

*7. I will help my child grow with the cardinal virtues through sports (Prudence, Justice, Fortitude and Temperance).*

*8. I will live by the cardinal virtues in my own behavior/attitude at sporting events.*

*9. I will help my child feel like a Champion by offering fair praise and constructive feedback.*

*10. I will support a nurturing sideline environment.*

*11. I will applaud good play, by both my child's team and opponents.*

*12. I will respect the game officials and their decisions, understanding their task is challenging.*

*13. I will respect and show courtesy to my child's coaches at all times.*

*14. I will commit to ensuring my child's coach follows the standards of Christian coaching and acts as a youth minister for my child in his/her sporting experience.*

Committing to becoming a Champion is not just for our kids – Parents too can be Champions in their approach to youth sport.

Play and Parent Like A Champion Today!